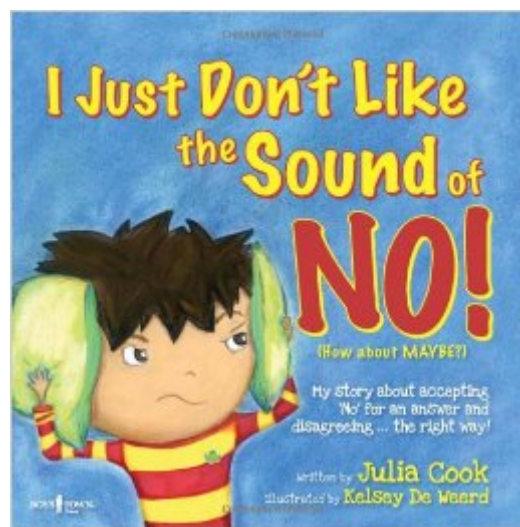


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# I Just Don't Like The Sound Of No! My Story About Accepting No For An Answer And Disagreeing The Right Way! (Best Me I Can Be)



## Synopsis

NO is RJ's least favorite word . . . and he tries his best to convince his dad, his mom, and his teacher to turn No into Maybe or We'll see or Later or I'll think about it. Even though he doesn't have much success, RJ keeps arguing until his teacher suggests that he try to join her classroom's Say YES to NO Club. If RJ can learn how to accept No for an answer and to disagree appropriately with his teacher and parents, he can add his name to the club's Star Board. RJ finds that lots of praise and some rewards come his way when he uses these skills the right way! Author Julia Cook helps K-6 readers laugh and learn along with RJ as he understands the benefits of demonstrating these social skills both at home and in school. Tips for parents and educators on how to teach and encourage kids to use the skills of accepting No for an answer and disagreeing appropriately are included in the book. I Just Don't Like the Sound of NO! is another title in the BEST ME I Can Be! series of books from the Boys Town Press to teach children social skills that can make home life happier and school more successful. This book is also available with an accompanying CD audio book, read by the author. Winner of the 2011 MOM's Choice Award Honoring Excellence and the National Parenting Center's 'Seal of Approval.'

## Book Information

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Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

Julia Cook does it again! She uses her creative ideas to teach kids the skills they need to grow

socially. This book teaches all people how to accept "No" for an answer in non-threatening way. I'm excited to add this to my counseling library. Finally, the Boys Town Social Skill model is being brought to life and all of us will benefit from it. --Diana Waggoner, Executive Director, The Kim Foundation

'NO' is RJ's least favorite word . . . and he tries his best to convince his dad, his mom, and his teacher to turn "No" into "Maybe" or "We'll see" or "Later" or "I'll think about it." Even though he doesn't have much success, RJ keeps arguing until his teacher suggests that he try to join her classroom's Say YES to NO Club. If RJ can learn how to accept "No" for an answer and to disagree appropriately with his teacher and parents, he can add his name to the club's Star Board. RJ finds that lots of praise and some rewards come his way when he uses these skills the right way! Author Julia Cook helps K-6 readers laugh and learn along with RJ as he understands the benefits of demonstrating these social skills both at home and in school. Tips for parents and educators on how to teach and encourage kids to use the skills of accepting "No" for an answer and disagreeing appropriately are included in the book. *I Just Don't Like the Sound of NO!* is another title in the BEST ME I Can Be! series of books from the Boys Town Press to teach children social skills that can make home life happier and school more successful. Winner of the 2011 MOM's Choice Awards Honoring Excellence.

In this story the child learns to accept no because he is rewarded for doing so. He gets a star on the board at school for accepting "No" both at home and at school. Additionally, his name is entered in a drawing for a prize, which he won. The prize he won happened to be the same thing he was told no to at the beginning of the story. This is not the lesson I want to teach my child. I want my child to understand that there are important reasons people say no and to learn to handle the frustration and disappointment. I thought the book "Accepting No" by Joy Berry accomplished that goal much more effectively.

I'm a child therapist and a mom with a 4 year old who does not like the sound of no! I was excited to try out this book. As I was reading it to my son, he was really engaged and really seemed to understand the concepts in the book. It was a great conversation starter for him. Then it got to the end of the book where the teacher tells the boy in the story about the "say yes to no club", where basically the boy can get his name in a drawing to win prizes if he accepts "no" as an answer from other people. I was quite disappointed! I was hoping for a tool to help kids learn about accepting no,

but not just another method of bribing them into accepting no. I want my children (and children I work with in therapy) to learn about limit setting and accepting no, but I don't want to have to reward them to get them to respond appropriately. So basically the book was not something I could use as a helpful tool unless I decided to do some sort of "say yes to no" reward system like she does in the book. At one point, I tried to talk to my son about saying yes to no, like they do in the book. And his response was "Well then do I get a prize for saying yes to no?" Totally not the lesson I wanted him to take from the book.

Wow! We've only read it once and already my daughter's behavior has improved! I can easily see how this would be a great tool for teachers, but this has worked a miracle in our family. My daughter is only 3 but she is very headstrong and defiant. She tries to reason and backtalk and whine to get her way, and if that doesn't work she has a tantrum. Legendary tantrums. She just doesn't like the sound of no! I didn't believe for one second that this book would help us, and after reading it by myself before testing it out on her, I really thought it would be a failure because she is under the intended age group for this book. But I did read it. And I tried to use my voice to make Saying Yes to No sound fun and worthwhile. The book uses belonging to a special club the incentive. I didn't think that would work so well for us... So when reading, I went off the story a bit to tell my daughter that it was good manners not to argue with parents and would also please me and her dad very much. She is highly motivated by the idea of gaining our approval and this worked! The rhyme in the book which tells what to do was SO helpful! This afternoon she wanted a lollipop and my husband told her, 'No' and just as she was beginning to pitch a fit I said, "Remember RJ?" And that was all it took! She straightened up and said, "Okay." I told her, "Later, when you are calm, you can ask Daddy why you couldn't have a lollipop." And she just looked at me and goes, "Yeah. I will." I know she's already gotten it! We're going to keep reading it and hopefully at some point she will remember on her own. She is too little to expect her to be perfectly behaved all the time but her tantrums were getting out of control. Knowing I have something I can use to help remind her is a priceless tool!

I have a 4 year old and..well she just DOES NOT like the sound of "no". This book was amazing for her! I can't say she "loves" the sound of "no" now, but hey.... does any body? haha. She used parts of the books as her way to earn a "reward" for taking no as an answer. It has great pictures and the story is wonderful.

I have 2 children - both four years old (boy and girl). One child has already been diagnosed with

ADHD and the second child is a very strong willed, independent personality. After much frustration with the interactions I was having with my children and wanting to find a better way to help them and our family as a whole, I sought advice from a child behavior interventionist. She recommended this book, as well as several of the other of the "RJ series" books from Julia Cook. While they are a bit on the pricier side, I did purchase several. My kiddos ask to read them almost daily. Reading them when they are calm, along with discussion about scenarios where they need to learn to accept no has made a significant difference in their behavior. When one of the kiddos is having some sort of a meltdown over the word "no", it's not uncommon to hear someone ask, "Are you being RJ?" It's been known to snap them out of the inappropriate behavior response more than once. I occasionally sub in the 2 to 4 year old range at my children's preschool. I've been known to bring in this book to read it to the class. It does seem to spur them along in the discussion of learning to accept the word "no" and even catch the children reminding their classmates to accept the word no. Thankful for resources like this that can help our children learn important social/life skills that are missing in this technology driven - instant gratification society we live in.

I purchased this book because I just loved the title!! \*AND\* The Preview showed it to have some GREAT content. My boys (ages 6 & 8) LOVE this book! My 6 year old took it into class for sharing and all the children LOVED it!! My 8 year old has Aspergers & ADHD, he could really relate to this book and enjoyed it greatly. He also shared it with his class and they thought it was great! The illustrations are wonderful, the children read this over and over again ... and they really are getting better at dealing with getting "NO" for an answer ... BONUS!! I am purchasing more Julia Cook books for my home and for the teachers at my boy's school. I highly recommend this book if you have children up to about 8 years of age.

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